

MATURITY HANDOUT

💡 The definition of maturity according to LFTHJGY is ‘Fully being ourselves at every age, in every situation and every relationship’.

💬 Opening Question:

1. What do you think that definition means?
2. What makes that difficult? Why is it more difficult than it seems?

📖 Scriptures:

Hebrews 5:14 But solid food is for **the mature**, who by constant use **have trained their senses (sensibilities) to distinguish good from evil.**

1 Corinthians 14:20 Brothers and sisters, **stop thinking like children.** In regard to evil be infants, but **in your thinking be mature.**

💡 It's clear from these two scriptures that it's God's deep desire for us to be mature.

💬 3. From both passages, what is the connection of how God defines maturity?

💬 4. What do these scriptures teach as to why we might have undeveloped maturity?

💡 Awareness is the first step in growing in maturity; we need to know where we have gaps in our maturity, so we can know what we need to train ourselves in.

💬 5. What maturity gaps did you discover from the assessment? Why do you think they are present? What makes it difficult for you to have adult maturity in those situations?

💬 6. From the two scriptures, how do we begin to grow/develop this maturity gap?

💡 Over the next couple of weeks, pray for a greater awareness of your maturity gap(s). Create space for the Holy Spirit to teach you how to respond in a Spiritual way in all situations.