

MATURITY HANDOUT

 The definition of maturity according to LFTHJGY is ‘Fully being ourselves at every age, in every situation and every relationship’.

 Opening Question:

1. What do you think that definition means?
2. What makes that difficult? Why is it more difficult than it seems?

 Scriptures:

Hebrews 5:14 But solid food is for **the mature**, who by constant use **have trained their senses (sensibilities) to distinguish good from evil.**

1 Corinthians 14:20 Brothers and sisters, **stop thinking like children.** In regard to evil be infants, but **in your thinking be mature.**

 It's clear from these two scriptures that it's God's deep desire for us to be mature.

 3. From both passages, what is the connection of how God defines maturity?

 4. What do these scriptures teach as to why we might have undeveloped maturity?

 Awareness is the first step in growing in maturity; we need to know where we have gaps in our maturity, so we can know what we need to train ourselves in.

 5. What maturity gaps did you discover from the assessment? Why do you think they are present? What makes it difficult for you to have adult maturity in those situations?

 6. From the two scriptures, how do we begin to grow/develop this maturity gap?

 Over the next couple of weeks, pray for a greater awareness of your maturity gap(s). Create space for the Holy Spirit to teach you how to respond in a Spiritual way in all situations.