

Adult Stage Maturity Indicators

Primary Task in this Stage: Taking Care of Two People Simultaneously

Primary Problem if Incomplete: Unable to form Mutually Satisfying Relationships

Personal Tasks	Community & Family Tasks	When the Tasks Fail	Resources to Help
1. Cares for <u>both</u> self and others simultaneously; can see others through "eyes of heaven"	Provides the chance to participate in group life.	Is self-centered; leaves other people feeling dissatisfied and frustrated	<i>How to Raise an Adult</i> <i>Hold me Tight</i> <i>Created for Connection</i>
2. Remains stable in difficult situations and knows how to return self and others to joy.	Affirms that the young adult will make it through difficult times.	Conforms to peer pressure and participates in negative/destructive activities	<i>RARE Leadership</i> <i>Thrive Today.Org</i> (blog)
3. Bonds with peers; develops identity.	Provides positive environment and activities where peers can bond.	Is a loner, with tendencies to isolate; shows excessive self-importance.	<i>Connecting</i> (Crabb)
4. Takes responsibility for how personal actions affect others, including protecting <u>others</u> from self.	Teaches young adults that their behaviors impact both others and history.	Is controlling, harmful, blaming, manipulative, and unprotective toward others.	<i>Just between Father & Son</i> <i>Living with Men</i>
5. Belongs and contributes to the community.	Allows young adults to do important community tasks.	Does not become a life-giving contributor to the community. Is self-absorbed and uses others – DRAINS SOCIETY	<i>Tattoos on the Heart</i> <i>Passion</i>
6. Expresses the characteristics of his/her heart in a deepening <i>personal</i> style.	Encourages each person to develop <u>true</u> self.	Is driven to 'play roles,' prove self to the world, get results, and seek approval.	<i>Living from Heart Jesus Gave You</i> <i>The Gifts of Imperfection</i>

No	Sometimes	Usually	Yes	
				I have moved from "me-ness" to "we-ness" & can take care of at least 2 people at the same time in a way that feels mutually satisfying. I am a team player and can easily partner with others. My relationships are marked by fairness and mutual satisfaction.
				I can synchronize with others—attuning to their feelings and needs while also expressing mine.
				I have bonded with peers. Together, we effectively use our collective power, seek truth, and enjoy close relationships.
				I can remain stable & relational in difficult situations and return myself & others to joy.
				I protect my personal and group identity when boundaries are violated.
				I take responsibility for my actions & protect others from my power when necessary. I use my personal power well to bless myself and others and can integrate my sexual and spiritual parts.
				My personality is integrated (not compartmentalized) and I remain the same person when in different roles and when under duress. I can embrace my pain, passion, and talents into one life giving identity.
				I live in a way that expresses my heart while also affirming the unique identities of others.
				I make important contributions to my family and community.

Journaling with Jesus

Begin with Gratitude: *"Lord, I am thankful ..."*

Write what you sense as God's Response: *"Dear child of mine ..."*

Sharing my heart with Jesus: *"Jesus, what's going on in my mind and heart right now is ..."*

Jesus' tender response to me: *"My dear child..."*
